

VIRGIL DONATI

INTERNATIONAL DRUMS & LIFESTYLE CAMP 2023

Tuscany - Italy
June 12th - June 15th 2023

Sign-up:

info@freestroke.it
+39 328 611 3519

Camp Details

- What Can You Expect?

Four days up close interaction with Virgil and drummers from around the world, as you learn some amazing drumming and lifestyle techniques from Virgil. Your day starts with a morning lifestyle experience with Virgil and the other drummers, stretching, running, walking, conversations, taking in amazing scenery and starting your day like a professional drummer does.

After breakfast of quality fresh food with Virgil and the other drummers it is now lesson time. Over 2 and a half hours of specialist coaching from Virgil on technique, hands, feet, independence, speed, musicality, and drums in general.

After lunch as a group, it is now the second session of drum lessons as you expand your knowledge and your mindset about drumming.

After the group lesson you will get time to woodshed in your own personal time the techniques and exercises you learned for that day.

After some time to yourself to relax and take you the day we all meet for dinner. Great conversations and fun as we relax and learn more about each other and time to ask questions and just immerse ourselves in this unique experience before we retire ready for the next day.

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Daily Schedule

Monday

11.00am - 12.00pm Arrive for check-in
12.00pm - 1.30pm Lunch
2.00pm - 4.30pm Group Drum Lessons
4.30pm - 5.30pm Individual Woodshed Time
7.00pm - 10.00pm Dinner

Tuesday

7.00am - 9.00am Exercise, lifestyle program, running, yoga etc
9.00am - 10.30am Breakfast
10.30am - 12.30pm Group Drum lessons
1.00pm - 2.00pm Lunch
2.00pm - 4.30pm Group Drum Lessons
4.30pm - 5.30 Individual Woodshed Time
7.00pm - 10.00pm Dinner

Wednesday

7.00am - 9.00am Exercise, lifestyle program, running, yoga etc
9.00am - 10.30am Breakfast
10.30am - 12.30pm Group Drum lessons
1.00pm - 2.00pm Lunch
2.00pm - 4.30pm Group Drum Lessons
4.30pm - 5.30pm Individual Woodshed Time
7.00pm - 10.00pm Dinner

Thursday

7.00am - 9.00am Exercise, lifestyle program, running, yoga etc
9.00am - 10.30am Breakfast
10.30am - 12.30pm Group Drum lessons
1.00pm - 3.30pm Group Final Activity
3.30pm - 4.00pm Camp Officially Closes

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How Long Is Each Camp?

Four very full days of total immersion and connection. Arrive on Monday morning and leave on Thursday afternoon. Three nights accommodation.

Lifestyle Activities

Each morning we all meet and Virgil will take everyone through some stretches before we go as a group, running through some amazing scenery and inspiring natural surroundings. We often run for a bit and also walk, allowing everyone to talk and interact with each other on our lifestyle morning routine before breakfast.

The Lessons

The well-paced lessons are divided into two sessions per day to allow for maximal information. In an intimate setting, Virgil will walk through many of the techniques and methods he has refined over the years, to keep on top of his game.

“Each of us work within the boundaries of our acquired knowledge and skills, drawing on a database of personal experience, and compiled expressive capabilities. Let’s work together to extend those boundaries, to deepen our integration of time and feel, and our rhythmic awareness, for the goal of maximizing our creative potential.”

Everyone will receive a bound folder with transcriptions of many of Virgil’s examples. Also, each student will have ‘personal’ time at the end of each day to do some private woodshedding, as needed.

Virgil and The Group

Virgil spends all his time with the group. You will get plenty of one on one time with Virgil throughout the week to ask questions, talk drums, and learn about his life experiences and the people he has played with.

Drumming Level

All levels of drummers are welcome. The classes are designed to take you through different levels of ability and give you an understanding of the material so you can take it home and work on it at your own pace. Everyone will be catered for as a drummer and you will gain plenty of knowledge during your stay.

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What Should I Bring?

You are required to bring a bass drum pedal and sticks. Active sportswear for exercise and running. There is a pool if you want to swim in your spare time. Water bottle and anything that will allow you to enjoy these four days of learning and fun.

What Does The Price Cover?

Everything is supplied and catered for during the week. Be sure to note items that are not included prior to arriving so you are well organized and informed. Your fee covers accommodation, food, activities and Virgil's education and material supplied and so much more.

Items not included.

Transport to and from the venue such as airport transfers, alcohol to be paid for by the individual, and extra items from the venue such as a mini bar, and others are to be paid for by the individual.

If special requirements are needed regarding diet or other special needs please ask and we will try and accommodate where possible. Each person is required to fill out a participant form confirming contact details and other details we need to know prior to the camp.

Age Requirement

The minimum age for our drum camps is 16 years old. If you are under the age of 18, you are required to travel with a parent or legal guardian. If having a parent or legal guardian travel with you is not an option, please email Alex.

Deposit and Cancellation

Non-refundable/non-transferable payment is collected at the time of reservation. No refunds are available however a credit for future camps will be offered. If we have someone to take your place we endeavor to do so to assist with a refund request however this is not guaranteed and may not be possible. We will do everything we can if this situation arises due to unforeseen circumstances making it not possible for you to attend.

You have signed up for Virgil Donati's International Drum and Lifestyle Camp knowing and confirming you have read the cancellation policy.

If you require information regarding pricing, or have any special requests in relation to diet or any special needs please contact Alex, the camp coordinator at info@freestroke.it

For updates on these events be sure to keep an eye out for emails and social media updates.

Happy Drumming!